

Heart Health Made Easy



New Supplement Helps Prevent Heart Disease [®]

(NAPSA)—Did you know that each day your blood brings nutrients to all parts of your body and removes waste through 60,000 miles of arteries and veins?

That's why a healthy cardiovascular system is essential for the best possible functioning of every part of your body, for optimal energy and vitality and an effective immune system. But this critical system weakens with age and disease, with early signs for many individuals, beginning at around age 40.

To help maintain cardiovascular health, a new dietary supplement, Primary Source CardioPC[™], has just been introduced. CardioPC is a combination of natural therapeutics that has clinically validated benefits for the heart and vascular system. It fortifies and protects the heart and circulatory system by strengthening the collagen that makes up veins, arteries and capillaries. This supports a healthy blood flow, neutralizes free radicals (enzymes that damage cells) and promotes the natural rhythm, energy transfer and functioning of the heart.

CardioPC contains oligomeric proanthocyanidins (OPCs), a specific molecular compound extracted from select grape seed varieties, and coenzyme Q 10 (CoQ10), which are widely used to prevent and treat cardiovascular disease. Primary Source OPC has been extensively tested in humans and sold worldwide for cardiovascular health for more than 50 years. In France, it is a prescription drug for cardiovascular health. CoQ10 has been shown to improve heart rhythm and contractility.

For optimal cardiovascular health, you also need to adhere to the basics: a heart-healthy diet and lifestyle, checkups and treatments advised by your doctor, and steps to lower your risk factors, such as smoking, overweight and high blood pressure.

To learn more about cardiovascular health and CardioPC, contact Primary Source at 1-888-666-1188 or visit their Web site at www.primarysourceopc.com.