

# HEALTH ALERT!

## Know The Early Signs Of Parkinson's Disease

(NAPSA)—Help and hope may be at hand for many of the more than 60,000 people diagnosed with Parkinson's disease (PD) in the U.S. this year, as well as the 1 million already living with it.

The National Parkinson Foundation (NPF) has launched the first bilingual, English and Span-



**Call the new NPF Helpline 1-800-4PD-INFO for answers about Parkinson's disease.**

ish, PD toll-free Helpline at 1-800-4PD-INFO (1-800-473-4636).

"You don't have to face Parkinson's alone," says NPF President and CEO Joyce Oberdorf. "Wherever you live, you can get the help you need."

NPF is also offering a new, free brochure, "10 Early Warning Signs of Parkinson's Disease." A few include:

- Trouble moving or walking
- Tremor or shaking at rest
- Loss of the sense of smell
- An unusually soft or low voice
- Dizziness or fainting

If you have such symptoms, see a neurologist, a doctor who specializes in the brain. A team of specialists can develop a plan which may delay further symptoms.

The Helpline, with support from the Medtronic Foundation, is available Monday through Friday, 9 a.m. to 5 p.m. (ET). People may also send questions about PD to [helpline@parkinson.org](mailto:helpline@parkinson.org). For more information, visit [www.parkinson.org/helpline](http://www.parkinson.org/helpline).