

HEALTH NEWS & NOTES

A New Approach To Treating Diabetes

(NAPSA)—When it comes to your health, what you don't know can hurt you. For example, an estimated seven million people have diabetes and don't know it.

By the time these people are diagnosed many are likely to have increased vulnerability to heart



A new vitamin supplement has been designed to meet the nutritional needs of diabetics.

disease, stroke, nerve damage, eye disease, kidney failure, infection and poor wound healing.

Fortunately, there are a number of new treatment approaches. Dr. Richard Podell, a clinical professor at Robert Wood Johnson Medical School encourages diabetics to increase their nutrient intake to compensate for specific metabolic deficiencies.

Some of the nutrients he recommends increasing are magnesium, vitamin E and Taurine to improve insulin sensitivity. The B vitamins and anti-oxidants are said to be helpful for maintaining a healthy heart.

With his guidance, the Green Turtle Bay Vitamin Co. has formulated a nutritional supplement with the desired nutrient quantities called DIABETIKS. This supplement is the first FDA-permitted multi-vitamin supplement for diabetics.

To learn more about the nutritional needs of diabetics, visit the Web site at www.diabetesnutrition.org or call 1-800-887-8535.