



# WOMEN'S HEALTH

## Understanding Menopause: A Simple Questionnaire Could Help <sup>TM</sup>

(NAPSA)—While every woman will experience menopause, not every woman's experience will be the same. Women may experience an array of symptoms including vasomotor symptoms such as hot flashes and night sweats or symptoms of vulvar and vaginal atrophy, including vaginal dryness and pain with intercourse.

Since the duration and severity of symptoms are different for everyone, it is important for women to discuss their symptoms with their healthcare professional. However, a typical medical appointment may not allow enough time for a meaningful discussion of all the physical, emotional and sexual symptoms of menopause.

A group of leading menopause experts developed The Menopause Impact Tool with funding from Duramed Pharmaceuticals, Inc. This questionnaire, available at [www.enjuvia.com](http://www.enjuvia.com), serves as a catalyst to help women maximize the time they have during their office visits.

The Menopause Impact Tool is designed to help women and their healthcare professionals assess the severity of their symptoms, as well as the effect menopause may have on their relationships and the feelings they have about themselves.

Once the questionnaire is complete, women can view and print the Menopause Impact Analysis to bring to their next appointment. The analysis will help provide the healthcare professional with information to determine what treatment might be right for each individual.

One available treatment option that may be prescribed is ENJUVIA<sup>TM</sup> (synthetic conjugated estrogens, B) Tablets. This oral estrogen therapy is prescribed for relief of moderate-to-severe hot flashes and night sweats, and moderate-to-severe vaginal dryness and pain with sex, symptoms associated with menopause. It is important to note that women who are taking estrogen only for the symptoms of vaginal atrophy should first consider topical treatments.

Every woman is unique and it's important that she talk to her healthcare professional about the benefits and risks of hormone therapy. Sharing The Menopause Impact Tool with a healthcare professional will help determine what menopause treatment options are appropriate.

For more information about available treatment options and to fill out the questionnaire, visit [www.enjuvia.com](http://www.enjuvia.com).

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**Note to Editors:** ENJUVIA is a medicine that contains estrogen hormones. It is prescribed for relief of moderate-to-severe hot flashes and night sweats, and moderate-to-severe vaginal dryness and pain with sex, symptoms associated with menopause. Important health information you should know when taking estrogens like ENJUVIA: Estrogens increase the risk for cancer of the uterus (womb). If you experience persistent or recurring vaginal bleeding while taking estrogens let your doctor know right away, as this could be a warning sign for cancer. Your doctor should check for the cause of any unusual vaginal bleeding after menopause. Estrogens (alone, or in combination with progestins) should not be used to prevent heart disease, heart attacks, strokes, or dementia. Estrogens (alone or in combination with progestins) may increase the risk of heart attack, stroke, blood clots and breast cancer. Estrogens (alone or in combination with progestins) may increase your risk of dementia. Because of these risks, estrogens should be used at the lowest dose for the shortest period of time. You and your doctor should talk regularly to determine whether you still need treatment with ENJUVIA.

ENJUVIA Tablets are a trademark of Duramed Pharmaceuticals Inc.