

Tracking Cycles

(NAPSA)—There is no one secret to getting pregnant, but for most couples it takes more than just a romantic evening and the desire to have a baby. In fact, a new study suggests that for healthy couples trying to conceive, timing can be everything.

The study tested the effectiveness of the Clearblue® Easy Fertility Monitor, the only ovulation monitor on the market to measure two key hormones to identify a woman's fertile days. During the study, over a third more women conceived using the Monitor than those who were not using the Monitor, over two cycles of use. The results indicate that accurately identifying a woman's most fertile days can dramatically increase a couple's chance of conception.

"Many women don't have a perfectly timed cycle," said Dr. Nancy Jasper, an Assistant Clinical Professor of Obstetrics and Gynecology at New York-Presbyterian Hospital in Manhattan, "and for many women, timing is an issue in trying to conceive. That is why this type of monitoring is ideal."

Quick Fertility Facts:

- Healthy couples only have a 25 percent chance of conceiving each month.
- It takes, on average, six to 18 months to get pregnant.
- Accurately pinpointing your most fertile period can dramatically increase chances of conception.

The Clearblue Easy Fertility Monitor is a personal device that accurately pinpoints when a woman is ovulating, and identifies up to six fertile days each month. Always consult a doctor before trying to get pregnant.