

# News for Women

## When Health Issues Affect Relationships

(NAPSA)—Learning about health issues that can affect romance could help some women stay well and improve their relationships.

For instance, according to a recent study by Yale University, nearly 43 percent of women report a decreased sex drive. This can be caused by any number of factors including the natural effects of aging or side effects from prescription drugs. Doctors say this loss of desire affects both partners in a relationship.

“It’s important for women to understand the signs, symptoms and causes of these difficulties,” says gynecologist Dr. Elizabeth Baron-Kuhn. “Rediscovering your desire is very important for women and their partners.”

### The Symptoms

Women suffering from a decreased sex drive report a loss of desire, lack of sensation, reduced arousal and little pleasure when engaged in intimate activity.

### The Causes

Some common conditions affecting women can contribute to a decreased drive—including menopause, stress and depression, as well as multiple sclerosis, diabetes and cancer treatment. Many medications and hysterectomy can also cause a loss of desire.

### Options for Women

New studies have shed light on the nature of the problem—and how women may be able to fix it. Doctors now say that while desire in men is affected by decreased testosterone and blood flow, women are affected by nerve sensation.



**There are new treatments for women who experience intimacy issues.**

“It’s time to recognize the required role that sensation has in female intimate response and explore nonhormonal options that can increase desire and make sex better for women,” says Dr. Baron-Kuhn.

One widely used option is an all natural, hormone-free topical product. Nonprescription Zestra has undergone clinical testing and is proven to increase arousal, pleasure and satisfaction. Its effectiveness and lack of side effects have helped the product become popular among physicians and consumers.

To find the product, call 877-493-7872 or visit [www.zestraforwomen.com](http://www.zestraforwomen.com). The site also includes information and links to organizations dedicated to helping women improve their sexual health.