

# WOMEN'S HEALTH



## Exciting News for Menopausal Women

(NAPSA)—Helping women deal with the symptoms of menopause—without dealing with the risky side effects—has been a challenge. But now a new over-the-counter nutritional supplement is making it easier to relieve such symptoms as hot flashes, headaches, sleep disturbances, and joint and muscle discomfort. Relief occurs in five to seven days for most women.

The news is particularly good for women with thinning bones, which happens to all women as they age, since this new product combines bone health with the alleviation of menopausal symptoms.

A company called Se-cure Pharmaceuticals Ltd. manufactures this non-hormonal dietary supplement called Femarelle. Femarelle has been clinically proven to enhance bone health and relieve menopausal symptoms in peer-reviewed, published studies.

The supplement is a phyto-SERM (Selective Estrogen Receptor Modulator) which means it stimulates estrogen receptors only in specific tissues, relieving menopausal symptoms and increasing the bone mass, while not affecting the estrogen receptors in the uterus and in the breast tissues. Made from tofu, Femarelle is manufactured with a unique enzymatic process of isolation to ensure that the whole phytoestrogen family of compounds, as is found in the tofu, remains in their naturally intact form.

Femarelle has been sold in other countries around the world since 1999 and is now available in U.S. drug chains, such as CVS and Brooks Pharmacy. For more information, visit the Web site [www.femarelle.com](http://www.femarelle.com) or call 1-877-FEMAREL.