## Fashion TRENDS

## **Show Off Your Sense Of Style**

(NAPSA)—These days, style and fashion are incorporated into everything—including how women carry their birth control pills.

"Stylish pill compacts have become a popular and useful accessory for many women," said Glamour Editor Joseph Berean.

Even fashion designer Nicole Miller is at the forefront of this trend, having created three unique designs for the ORTHO PERSONAL PAK™ Tablet Dispenser.

"Women want to incorporate style into all elements of their lives, especially when it comes to carrying their most intimate items, such as birth control pills," says Miller.

The Ortho Personal Pak provides stylish and discreet packaging for women who take Ortho Tri-Cyclen® Lo (norgestimate/ethinyl estradiol), a birth control pill that gives women a high level of effectiveness, and a low level of hormones, by Ortho-McNeil Pharmaceutical, Inc.

The newest addition to the ORTHO PERSONAL PAK family of compacts is the first-ever consumer design, "Expressions." Created by Danielle Hughes of Billings, Montana, "Expressions" reflects today's modern woman, one who is confident, intelligent, beautiful and unique. A panel of fashion experts, including designer Miller, selected "Expressions" from more than 200 entries in the ORTHO PERSONAL PAK Design-A-Pak contest, held late last year.

Whether you prefer Hughes' design or any of the other eight—Jewel, Red High Heels, Zebra Kiss, Leopard Print, Fuchsia Daisy, Onyx and Lapis—the stylishly discreet Ortho Personal Pak is attractive and practical. Each Ortho Personal Pak is refillable and reusable by adding a new ring of prescription Ortho Tri-Cyclen® Lo.

You can view the contest finalists along with the entire ORTHO PERSONAL PAK line and order your own by visiting www.personal pak.com.



"Expressions" is the first consumer-designed compact in the ORTHO PERSONAL PAK family of stylish and discreet birth control pill compacts.

Oral contraceptive are not for everybody. Most side effects of the Pill are not serious and those that are, occur infrequently. Serious risks, which can be life threatening, include blood clots, stroke, and heart attacks, and are increased if you smoke cigarettes. Cigarette smoking increases the risk of serious cardiovascular side effects, especially if you're over 35. Women who use oral contraceptives are strongly advised not to smoke. Some studies have reported an increase in the risk of developing breast cancer among women who use oral contraceptives. However, the majority of studies have found no overall increase in this risk. You should talk to you doctor or health care professional about how this risk relates to your use of the Pill. Some women should not use the Pill, including women who have blood clots, certain cancers, a history of heart attack or stroke, as well as those who are or may be pregnant. The Pill does not protect against HIV or sexually transmitted diseases. For full U.S. Prescribing Informavisit www.orthotricyclenlo.com, www.personal pak.com or www.orthowom enshealth.com.