

## A New Natural Product To Help Protect Against Breast Cancer

by Christine Horner, M.D.

(NAPSA)—Breast cancer. Few words strike more fear in American women than these. I know because I'm a surgeon.

Breast cancer is the most common cancer and the second most common cause of cancer deaths. At any given time, 2,000,000 to 3,000,000 women living in the U.S. have been diagnosed with breast cancer. This year there will be over 200,000 more and over 40,000 will die from it.

Not only does it kill, but the standard treatments are frequently ineffective and horrendous. Fortunately, research has uncovered the majority of factors that ignite and fuel this cruel, de-feminizing and deadly disease. Important lifestyle choices and medicinal foods have also been identified that can help protect against it.

Surprisingly, genetics has very little to do with the risk of breast cancer, playing a role in less than ten percent of cases. The big culprit is our culture. This is good news. It means breast cancer is a largely preventable disease and women have the power to change their risk.

A California company has isolated a key breast cancer-fighting ingredient from flax, and created Brevail, the first all-natural supplement specifically designed to help protect breast health.

Developed by Lignan Research LLC, non-prescription Brevail is completely natural—made of isolated, concentrated, purified and standardized “lignans” from

Lignans deter and arrest the growth of breast cancer in a multitude of ingenious ways.

Lignans:

1. Block the harmful cancer promoting effects of the female hormone estrogen
2. Cause the body to make more of the “good” non-cancer promoting type of estrogen and less of the “bad” cancer-promoting type
3. Make breast tissue more resistant to cancer-inducing damage caused by toxins
4. Help stop tumor growth and prevent metastasis or spread of the tumor to other areas of the body



flaxseeds. Hundreds of studies show flaxseeds are extraordinarily powerful at protecting against and fighting breast cancer. They are the richest plant source of potent cancer fighting lignans. In developing Brevail, stringent university-based human studies were conducted to determine the right dose necessary to raise lignan levels in the body comparable to women with a low incidence of breast cancer. Just one tablet a day is all that is required to reach these levels.

The president of Lignan Research lost his 31-year-old wife to breast cancer, and his passion to protect women from this terrible deadly disease is enormous. He donates a percentage of all the proceeds from Brevail to the Breast Cancer Research Foundation—an organization he created to help find solutions.

To find out more information about Brevail, visit [www.Brevail.com](http://www.Brevail.com) or call toll-free 888.503.8300.

*Dr. Christine Horner is a nationally known surgeon who was instrumental in the passage of laws requiring insurance agencies to reimburse patients for breast reconstruction surgery following a mastectomy. She sold her private practice in 2001 so that she could dedicate herself full time to writing and teaching about her passion: prevention-oriented medicine and helping women to become and stay healthy—naturally. Her book, “Waking the Warrior Goddess: Dr. Christine Horner’s Program to Protect Against and Fight Breast Cancer” is due out next fall.*

*She is a board member of the Breast Cancer Prevention Foundation.*