

CONTEST CORNER



Showcase Your Artistic Talent

(NAPSA)—Do you or someone you know have a hidden artistic talent that is waiting to be unleashed? If the answer is yes, then this may be the opportunity to let that talent shine!

A nationwide search has begun for the next designer of an oral contraceptive tablet dispenser. The search is being conducted by fashion icon Nicole Miller and Ortho Women's Health, a division of Ortho-McNeil Pharmaceutical, Inc. The dispenser will provide stylish and discreet packaging for women who take ORTHO TRI-CYCLEN® LO, a birth control pill with a low level of hormones and a low incidence of side effects.

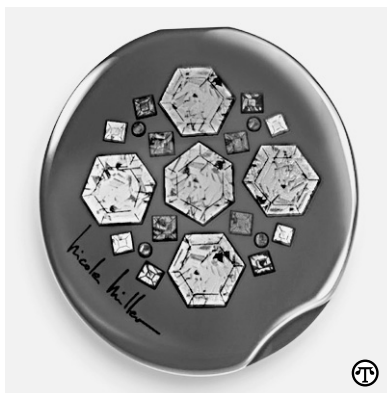
"The Design-A-Pak contest is a great opportunity for undiscovered designers and artists, or anyone with a flair for art to showcase their talent," says fashion designer Nicole Miller. "Most importantly, all who enter will be helping women incorporate style into an aspect of their multifaceted lifestyles."

The winning image will be used to create a new ORTHO PERSONAL PAK that will be produced in limited edition for national distribution. In addition, the winner will receive an all-expense paid trip to New York City to attend Mercedes-Benz Fashion Week Fall 2004, which will take place at Bryant Park in February 2004, the opportunity to "shadow" Nicole Miller, and \$1,000.

Entrants are challenged to originate a design that illustrates the identity of today's modern woman—a woman who is stylish, healthy, active, independent and balanced.

All entries must be accompanied with a description in 100 words or fewer detailing the inspiration behind the design and how it reflects the identity of the oral birth control user.

Deadline for entries is November 21, 2003 and the winner will be officially announced during



A nationwide search has begun for the next designer of an oral contraceptive tablet dispenser. This stylish new Pak, called Jewel, was recently designed by Nicole Miller.

New York City's Mercedes-Benz Fashion Week Fall 2004, in February 2004. To learn more, visit www.personalpak.com.

Oral contraceptives are not for everybody. Most side effects of the Pill are not serious and those that are, occur infrequently. Serious risks, which can be life threatening, include blood clots, stroke, and heart attacks, and are increased if you smoke cigarettes. Cigarette smoking increases the risk of serious cardiovascular side effects, especially if you're over 35. Women who use oral contraceptives are strongly advised not to smoke. Some studies have reported an increase in the risk of developing breast cancer among women who use oral contraceptives. However, the majority of studies have found no overall increase in this risk. You should talk to your doctor or health care professional about how this risk relates to your use of the Pill. Some women should not use the Pill, including women who have blood clots, certain cancers, a history of heart attack or stroke, as well as those who are or may be pregnant. **The Pill does not protect against HIV or sexually transmitted diseases.**