

**NEWS**

**FOR WOMEN**

## Flexible New Option In Contraception

(NAPSA)—A unique and effective form of birth control offers women hassle-free month-long protection. Recently approved by the Food and Drug Administration, NuvaRing®, a small, flexible, transparent ring, can be administered once a month by a woman in the privacy of her own home.

NuvaRing® works by continuously releasing two low-dose, active components—etonogestrel, a progestin, and ethinyl estradiol, an estrogen.

“Women are always searching for more convenient contraceptive options,” said Dr. Larry Seidman, clinical assistant professor, Obstetrics and Gynecology, MCP-Hahnemann School of Medicine in Philadelphia and one of the NuvaRing® clinical investigators. “Like the pill, NuvaRing® is effective, yet is administered only once a month and gives women more freedom and allows them to be spontaneous.”

Women easily insert NuvaRing® on or before the fifth day of their menstrual period. Upon insertion, the ring begins to



**An innovative method of contraception was recently approved by the Food and Drug Administration.**

release a steady flow of hormones and works to prevent pregnancy on a monthly basis.

“NuvaRing® provides me with a form of birth control that suits my active lifestyle,” said Wendy Johnson, a NuvaRing® clinical trial participant. “Instead of worrying about birth control on a daily basis, all I do is insert NuvaRing® once a month and I don’t even know it’s there.”

For further information about NuvaRing®, please visit [www.nuvaring.com](http://www.nuvaring.com) or call 1-877-NUVARING.