

**Survey Offers New Insights To Improve Intimacy**

(NAPS)—Intimacy has more than its share of enemies, according to a recent survey on sex and relationships.

The survey, sponsored by the Vagisil Women’s Health Center<sup>SM</sup> (VWHC), an online health information site at [www.vagisil.com](http://www.vagisil.com), found that fatigue, stress and anger are only some of the factors that can inhibit intimate relationships.

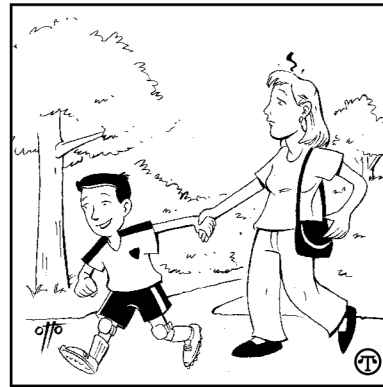
Work demands, children and a lack of time also come into play. The survey found that physical discomfort was another important factor. Physical discomfort was cited by 71 percent of those polled as having an effect on the couple’s sexual relationship.

Vaginal dryness was an important factor during the peri- to post-menopausal years, after childbirth and during breastfeeding due to lower levels of estrogen. It can also be the result of hysterectomy and chemotherapy.

“It is thought to be the most prevalent among older women,” says Adelaide Nardone, M.D., a gynecologist and medical advisor to the Web site. “But women of any age can experience vaginal dryness.

Vagisil® Intimate Moisturizer was developed in response to this need. The moisturizer is enriched with vitamin E and aloe. It is a light, clear, greaseless, pH-balanced lotion designed to feel like a woman’s own natural moisture.

“Many women avoid sex due to vaginal dryness because it takes too much time to get aroused and lubricated,” said Pat Love, Ed. D.,



**Work demands, children and a lack of time may cause stress and interfere with the quality of relationships.**

relationship therapist and co-author of *Hot Monogamy*. “However, with regular use of a product such as Vagisil Intimate Moisturizer, they can improve vaginal moisture, decrease painful intercourse and increase their willingness to have sex.”

Of the 1,020 male and female adults polled, approximately 83 percent reported that they find sex very or somewhat important in a relationship, with the percentages about equal among the different age groups.

The VWHC site at [www.vagisil.com](http://www.vagisil.com) features health news that is updated weekly, a special “Life after 40” section, a free, downloadable, interactive family medical tree to help assess one’s genetic health risks, an “Ask the Experts” e-mail section and research on ovarian and cervical cancer. It also provides information in Spanish.