



# Hints For The Home

## Tips For Cleaning Your Kitchen

(NAPSA)—While many find joy in the comfort foods of winter, spring provides a chance to embrace a fresh approach to your eating habits. The following tips will put a spring in your step and get you ready for this temperate season:

- **Out with the old.** There's a reason spring is the chosen season for all things related to cleaning. It's the season associated with ideas of rebirth, rejuvenation and renewal. What better way to refresh your food choices than by cleaning your pantry and fridge? Toss expired products and donate the shelf-stable goods you no longer want to a worthy cause.

- **Celebrate color.** Spring ushers in fresh new produce that adds a variety of flavor and nutrition. Produce such as apricots, green beans and broccoli all provide a pop of color that helps ensure you are enjoying the best seasonal produce this spring.

- **Get organized.** Eliminate cluttered bags of rice or pasta by placing them in glass jars to make searching for pantry staples a breeze. Visit the grocer's bulk aisle for a variety of snack staples such as nuts and seeds—great for that afternoon craving.



Enjoy a light, fruity beverage in a fresh, clean kitchen.

- **Springtime beverages.** Swap the hot and rich drinks of winter for the lighter, fruit-infused tastes of spring. New **Santa Cruz Organic**<sup>®</sup> Agua Fresca beverages are lightly sweetened and blended with organic fruit juice and a splash of lemon juice. Available in Mango Passion-fruit, Pomegranate and Grapefruit flavors, Certified USDA Organic Agua Fresca beverages are a revitalizing companion to warm weather fun.

For more ideas and recipes, visit [www.santacruzorganic.com](http://www.santacruzorganic.com) or [www.facebook.com/santacruzorganic](http://www.facebook.com/santacruzorganic).