



Hints For Homemakers

Four Steps To A Neater House And More Free Time

(NAPSA)—New research by UCLA-affiliated anthropologists found that most American families are overwhelmed by clutter and can't even find room to park their cars in the garage because of all the stuff they've stuffed in there.

Fortunately, whether it's spring-cleaning time or any time, you may not have to spend as much time, effort or money as you may think to get your home clean and uncluttered, if you follow these four simple steps from home organization experts:

1. Get The Kids Involved:

Make housecleaning more like a fun challenge. List all the chores that need to be done. Pick the ones that are age appropriate—organizing a bookshelf, hanging things in the closet, fluffing sofa pillows and so on—and write them down on slips of paper or post them on a wall. Roll a pair of dice to see who gets to pick first, and have everyone (parents included) choose a chore. This will give the kids some autonomy and they may be more willing to pitch in.



Family-friendly appliances can make it easier to involve the kids in keeping the house organized.

2. Tackle One Room At A Time: If you haven't a lot of time to straighten up and clean the whole house, just focus on one room, even one part of a room, per day or per weekend. Keep a list or a chart and check it off as you go. At least something will be clean and you won't feel overwhelmed.

3. Make Your Appliances Work For You—Not The Other Way Around: A well-organized kitchen and laundry room are easier to keep neat and less daunting to keep clean.

One help can be a refrigerator with a separate, convenient door



You can enjoy a nice, neat home and more free time with a little organization and the right help—from both family members and appliances.

within a door that's accessible from both the inside and from the outside with a simple push of a button, such as the LG 4-door double "Door-in-Door" fridge. The design makes it easier to load often-used items, such as snacks, drinks, lunches and more, so you don't have to stop for very long to fuel up when you need it. The other side provides additional storage space easily accessible via a trigger on the bottom of the door for more convenience and better organization. That means your food stays front and center, while the reduction in cold air loss helps keep it fresher longer.

In the laundry room, you can have a dryer with dual-opening options, like the LG EasyLoad dryer, that lets you open the door either hamper style (to easily load in wet clothes from the washer) or by swinging to the side as in traditional front-load machines (to quickly unload clothes into the laundry basket). This makes it easier than ever to both drop in and unload your laundry, saving your back from unnecessary strain.

4. Little By Little, You Can Do A Lot: Break large chores down into smaller ones that are more manageable. Instead of thinking "I have to clean the family room," think "The books have to be shelved; the floor swept; the table dusted." Write it all down and cross off each job as it's done so you can see how much you've accomplished.

You can find further facts on helpful appliances and electronics online at www.lg.com.