



## Choose Spray Foam For Lower Energy Bills And A Cozier Home This Winter

(NAPSA)—With the chill of winter settled in across much of the country, keeping homes warm while also maintaining manageable energy bills is a major concern for homeowners. Installing spray polyurethane foam (SPF) insulation may ease these concerns.



**Spray foam insulation is an environmentally friendly home insulation choice.**

SPF offers a continuous seal for your home that in addition to providing a layer of insulation can help prevent drafts and offers improved control of indoor temperatures. It is so effective because it is applied as a liquid and then expands into foam insulation and air sealant, which keeps cold air out by sealing cracks, seams and joints. Because of added insulation and less heat loss due to drafts and cracks, less energy may be needed for heating during the cold winter months.

Other benefits of SPF insulation include:

- By reducing air leaks, SPF can improve moisture control to help reduce mold and mildew formation.

- Sealing gaps with SPF provides a barrier to the exterior and helps keep pollen and dust outside.

- SPF insulation in walls and attics can help minimize noise by reducing both high- and low-frequency noise.

It is always recommended to hire a professional installer when using SPF to insulate and air-seal exterior walls, attics, crawl spaces and basements. To learn more about SPF's benefits, visit [www.whysprayfoam.org](http://www.whysprayfoam.org).