

# Hints For The Home

## A Simple Way To Boost Comfort And Energy Efficiency



The right amount of insulation can mean a quieter, more comfortable home, lower costs and higher resale value for your home.

(NAPSA)—Many homeowners are warming to a simple, cost-effective way to boost energy efficiency: fiberglass insulation.

Here's why: Insufficient insulation in unheated garages, basements and attics provides ample opportunity for heat to escape, resulting in extra costs on energy bills. According to the U.S. Department of Energy, the average homeowner can save as much as 30 percent on energy bills simply by having the right amount of insulation. Here are some tips to help:

• **Determine the appropriate R-value for your house.** Check the attic and floors next to unheated spaces, such as the garage and basement, for the thickness of existing insulation to determine if it's sufficient. Generally, the thicker the insulation, the higher the R-value and the better your home will resist heat transfer. Check with your insulation contractor or visit CertainTeed's online insulation calculator at [www.certainteed.com/itools](http://www.certainteed.com/itools) to learn the recommended R-value for your home.

• **Increase attic insulation.** It's one of the easiest ways to boost the energy efficiency of a

home. CertainTeed's InsulSafe SP fiberglass loose-fill insulation can not only improve heating and cooling efficiency but also sound control. Additionally, it won't settle, absorb moisture or cause mildew. It contains no formaldehyde and will last the lifetime of a building while cutting energy costs.

• **Insulate piping and air ducts.** Insulation can keep hot water flowing in pipes and prevent them from freezing during the winter. Also, insulating exposed air ducts in basements and crawl spaces increases the overall efficiency of heating and cooling systems by delivering optimal conditioned air to where it's needed most.

Having the proper amount of insulation creates a more comfortable environment. It decreases noise transmission, allowing for peaceful sleep, quiet time and privacy. Adequate insulation also helps maintain a more even temperature all around the house and keeps floors warmer in the winter and cooler during the summer.

### Learn More

For further information or to find a contractor, visit [www.certainteed.com/insulation](http://www.certainteed.com/insulation).