

Home Hints

Spring Into Cleaning

(NAPS)—Cleaning may not be your idea of fun in the sun, but the Institute of Inspection, Cleaning and Restoration Certification (IICRC) offers a few tips to help make it a breeze:

- HVAC filters—use quality electrostatic filters that attract particles to the filter. Clean once per month.

- Increase vacuum frequency—since about 75 percent of carpet soil is dry particulate, vacuuming more often prevents soil from embedding deep into carpets.

- Use high-efficiency filter bags—high-efficiency particulate air (HEPA) double-lined vacuum filter bags filter out 99 percent of particles that cause respiratory irritation.



Annual carpet cleaning helps reduce allergens and maintain carpet appearance.

- Carpet cleaning—a professional carpet cleaning is an integral part of the spring cleaning process and helps to reduce allergens in the home. For professional cleaning jobs, look for an IICRC Certified Firm. Confirm their training and certification and always obtain a written estimate. To locate a certified professional and for more information, visit www.certifiedcleaners.org or call (800) 835-4624.