

## **Reducing Energy Costs**

(NAPSA)—Just as a mechanic regularly flushes your car's engine to keep it running efficiently, cleaning your home's heating and air-conditioning (HVAC) system can lead to better performance and lower energy bills.



Clean HVAC systems run more efficiently, using less energy.

Air duct system cleaning allows systems to run more efficiently by removing debris from sensitive mechanical components. Clean, efficient systems are less likely to break down, have a longer life span and generally operate more effectively than dirty systems.

The National Air Duct Cleaners Association (NADCA) recommends that air handling units be inspected at least once a year. The air ducts should be inspected at least once every two years. Areas with high humidity should inspect more frequently.

When hiring an air duct cleaning contractor, make sure the company is a member of NADCA, which tests the knowledge of contractors for safe and effective HVAC cleaning.

For more information and a list of qualified air duct system cleaning contractors, call 202-737-2926

or visit www.nadca.com.