
health hints



Save Energy And Stay Healthy

(NAPSA)—Now you can breathe easier in any room in your home—and lower your heating bills at the same time. An automatic humidifier for your whole house is good for your health and your budget in several ways:

- **Comfort**—helps eliminate dry nose and throat and itchy skin, while reducing static electricity.

- **Well-being**—optimum humidity levels can help reduce the chance of upper-respiratory problems caused by dry air. Ask your doctor.

- **Preservation**—proper humidification levels will protect against shrinking and cracking in furniture, moldings in windows and hardwood floors.

- **Energy savings**—adding moisture to the air means you'll feel warmer with lower, energy-saving indoor temperatures.

Getting these benefits doesn't require getting a separate humidifier for each room. One unit can keep your whole house at the right humidity level.

The world's first computer-equipped, completely automated, "no touch" humidifier delivers up to 50 percent more moisture than other humidifiers and doesn't need constant manual adjustments. The advanced computer



A whole-house humidifier can provide comfort, preserve your things and save you money.

technology measures the outdoor temperature and indoor humidity over 86,000 times a day and continually adjusts your home's indoor humidity to its optimum level. Called the Aprilaire Automatic Humidifier, it also performs at a level three times more accurate and four times more reliable than other humidifiers.

In fact, a leading consumer magazine said Aprilaire humidifiers are one of the best on the market today.

To learn more, see a heating and cooling contractor or visit <http://www.aprilaire.com>.