

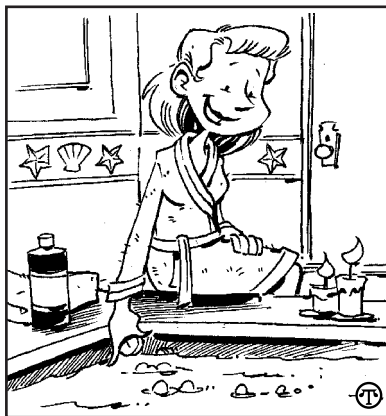
Gift Ideas

The Cure For Holiday Stress? Just Add Water

(NAPSA)—Slaving for hours over a Thanksgiving turkey, emptying a bank account for Christmas gifts, scrambling to make last minute plans for New Year's—do these hassles make your holidays end with headaches instead of happiness? That could be why gift certificates for day spas have become such popular holiday gifts. People just need someplace to escape.

Happily, by creating your own day spa at home, you can avoid shelling out hundreds of dollars for a few hours at an expensive day spa. For example, you can experience the benefits of an aromatherapy treatment at a fraction of the cost using specially designed spa scents such as *being™* by BaquaSpa®. The line of aromatherapy blends uses the same essential oils found in flowers, roots and other plants that ancient cultures believed held restorative powers such as stress relief. With different blends for different effects, you can just pour a capful into the water, relax and enjoy.

Think that maintaining a spa requires a big investment in time? The truth is, you'll probably spend more time wrapping your presents than you will taking care of your spa. Keeping your spa clear and free of bacteria is extremely important. Because changes in water temperature or pH necessitate more spa maintenance, choosing a sanitizer with a stable struc-



A HOME SPA FOR THE HOLIDAYS—Using aromatherapy, many relieve holiday stress at home.

ture is one of the best ways to cut down on upkeep time. Using one that's bromine-free and chlorine-free, such as BaquaSpa Water Care Systems means that it only requires replenishment every 10 to 14 days, as opposed to bromine or chlorine, which can require daily dosing. An additional benefit of using this technology is that you'll avoid faded swimwear, discolored hair, harsh chemical odors or dry, irritated skin and eyes—all side effects of bromine or chlorine sanitizers.

To find out where to buy, or just learn more about BaquaSpa and bromine-free, chlorine-free spa care and about the *being* aromatherapy line, please visit www.baquaspa.com or call 1-800-374-7764.