## Body & Mind

## Aromatherapy For Spas Takes Relaxation To A New Level

(NAPS)—More and more people are discovering a relaxing escape from the daily stresses that life can bring: a dip in the spa, with swirling hot water and massaging jets to ease tired muscles.

Another soothing option is the ancient practice of aromatherapy. Past cultures believed in its therapeutic effects on the mind, body and spirit as a whole and used the oils found in flowers, roots and other plants for their perceived restorative benefits.

Uniting contemporary practices with ancient traditions is a series of spa aromatherapy products that have been specially formulated to encourage a specific spa experience. The products' developers have included such ingredients as lavender, chamomile and cypress, not only for aromatic compatibility but also because they are believed to promote such therapeutic effects as stress relief, mental focus, relaxation and increased energy.

Spa owners commonly use fragrances to cover the harsh smell of spa chemicals. Although the new aromatherapy products can be used in any spa, those using a sanitization system based on biguanide technology—which uses no chlorine or bromine—are likely to experience greater benefit.

For example, the BaquaSpa Water Care System leaves no odor that needs to be masked, so spa owners can appreciate scents for



Now spas and aromatherapy can be combined for a luxurious and relaxing experience.

their aromatherapeutic intent and truly enjoy an enhanced spa experience. The sanitization system is based on the same biguanide technology that's been used in swimming pools for more than 25 years.

The being line of aromatherapy products was created with beliefs rooted in the ancient practice of aromatherapy in mind. This was combined with the research expertise of the makers of the BaquaSpa Water Care System. Both products are available nationwide through a network of authorized dealers.

For more information about the benefits of bromine-free, chlorine-free spa care, or to find an authorized BaquaSpa dealer, call 1-800-374-7764 or visit the Web site at www.baquaspa.com.