Making Life More Fur

## How To Make Your Spa Sensational

(NAPSA)—When the weather cools, few things can beat a nice warm spa. A bubbling spa soaks away the stresses and strains of the day. Here are hints to help you make the most of yours:

•Make your spa a place of refuge and peace. Twinkling candles around the perimeter can set the mood for romance or quiet solitude. Use sturdy pillars, container candles, votives or flameless LED candles. Or string strands of twinkle lights along the fencing and watch the light dance on the water's surface.

•Use your digital player or computer to fill the area with your favorite music.

• Surround the spa with pots of fragrant flowers such as lavender, phlox and roses.

•Try the aromatherapy of Moments from SpaGuard, available in bottles or pillow packs infused with six natural aromas. A few capfuls set free the heady scents of intoxicating and soothing herbs and fragrances.

•Simple stretching exercises, combined with the warm water, can relax muscles tensed by the day's stress.

•Host a "Girls' Night In" spa party. Offer herbal-scented skin oils for after-spa application; a tray of steamed, soft washcloths wrapped around sprigs of rosemary for soothing eye packs; and hot-wax treatments for hands and feet.

•For a soft, soothing spa environment, try a bromine-free, chlorine-free sanitizer like SpaGuard's Soft Soak.

• Have a stack of warm towels nearby to make leaving the spa a little easier.

•Hang decorative pegs for robes and use a wood deck box to hold towels and keep slippers dry.



Any time can be a good time to enjoy your home spa—if it's been properly maintained.

•Preventing problems before they occur can keep your spa sparkling clear so you can enjoy it all season long. Test water regularly and use an EPA-registered sanitizer to protect bathers.

• Proper water circulation is important. Run the circulation system every day.

• Clean the filter every four to six weeks.

•To preserve spa surfaces and prevent dirt buildup, you can use Off The Wall Surface Cleaner and SpaGuard Cleaning Mitts—powerful, low-sudsing cleaners that work specifically with spa water chemistry.

•Regular draining and refilling is also an important part of spa maintenance. How often you drain and refill your spa depends on how often you use it. Experts advise you to go by this equation: spa gallons + daily bathers + 3 = days between draining.

You can learn more at www.spaguard.com and (800) 932-5943.