

Vacations Of A Lifetime

Finding The Best Spa Getaways

(NAPSA)—When it comes to relaxing getaways, many travelers feel few things can top a spa vacation.

In fact, a study by The Travel Institute found that top reasons for a spa vacation include relieving stress or to feel relaxed; pampering and self-indulgence; and feeling better about oneself.

And if you're wondering whether spa getaways are female-only affairs, consider this: While a majority of spa goers are female, 29 percent of spa goers are now male, with that number expected to continue to rise.

So what are some top spa getaways? You might want to check out a unique, award-winning spa nestled in the Allegheny Mountains. Part of the world-class Greenbrier resort, the spa—already known for using natural ingredients and indigenous minerals—recently launched a new series of refreshing treatments and packages. The indulgent offerings include a Pumpkin Soufflé Body Delight, Gingerbread Crème Manicures and Pedicures, a Winter Warming Package and a Chocolate Covered Strawberries Body Wrap.

To help make things even more relaxing, the resort also offers a “Just One More Day” package, allowing travelers the opportunity to stay for four nights at the price of three. Guests will be able to fully enjoy the over 50 recreational activities, delectable restaurants and other amenities at a more leisurely pace, with the addition of an extra day.



The spa at one world-class resort offers a variety of all-natural, indulgent treatments.

Of course, the resort's world-class dining could help ease your mind as well. Its Main Dining Room received Wine Spectator's prestigious “Best of Award of Excellence” and its Sam Snead's at The Golf Club restaurant received the magazine's “Award of Excellence.” The accolades recognize the restaurant's well-chosen wine offerings and complementary pairing of wine selections with their respective menus.

Additionally, readers of Association Conventions & Facilities voted the destination a winner of the 2008 Distinctive Achievement Award and the getaway received Meetings & Conventions magazine's 2008 Gold Key and Gold Platter Awards.

For more information, visit www.greenbrier.com.