

NEWSWORTHY TRENDS

New In Fashion

(NAPSA)—When you think of knitting, you might conjure up images of a little old lady in a rocking chair knitting the days away. In fact, knitting is now being taken up by a younger crowd than ever. Knitting has become a cool, hip pastime among many.



Several top celebrities have taken up knitting.

That's because experts say knitting is a fun, stress-relieving hobby that helps you relax. It's not very time-consuming, either: You can knit while watching television or talking on the phone.

Caring for your knitted creations can be stress-free, too, with the proper instructions. To make sure your handmade knits will come out of the wash looking their best, follow these tips:

- Knit a small sample swatch of the finished project. Wash it exactly as you would care for the completed garment. Then check to see if it has shrunk or stretched or if the color has run.

- When washing knits in the washing machine, set it to the gentle cycle and use a mild detergent such as Woolite Fabric Wash in cold water.

- When drying handmade knits, lay on a flat surface to avoid stretching.