

Three Steps To Traveling Light

(NAPSA)—When it comes to traveling, the case for bringing just one suitcase is a strong one: Packing light can help make your vacation hassle free and make it easier to move through airports and other secure areas. If you want to get more out of your next trip by bringing less, try these tips:

- Pack Smart—Plan your packing and use your space efficiently. For example, if you plan to sightsee, you may want to bring a day or "fanny" pack to carry with you. Smaller bags of this type can be used to pack toiletries or shoes in. In addition, pack heavier items first (to keep lighter items from being crushed and wrinkled). Also, if you have to bring bulky clothes, try wearing your bulkiest outfit while you travel, rather than stuffing it in your suitcase.
- Keep It Clean—Bringing less clothes may mean you need to do laundry while you are on your trip. That shouldn't be a problem, considering there are nearly 50,000 coin-operated laundromats in the U.S. However, bringing a big jug of detergent defeats the purpose of packing light. To keep it light—and clean—bring single-sized laundry products. Products such as liquid Xtra and Nice 'n Fluffy Wash 'N Go Singles are premeasured to help speed up the laundry process. In addition, Wash 'N Go Singles let



Travel products such as singleuse laundry detergent can help travelers pack light.

travelers pre-treat stains while they're on the road.

• Roll With It—Rolling your clothes can save you space and help prevent clothing from wrinkling. To roll a shirt, fold the arms over the body of the shirt at the shoulders and roll from the bottom up. To roll pants, fold them in half, as though you were hanging them, and roll from the top down. If you are bringing a jacket, and do not want to wear it while traveling, pack it last. Lay it flat across the top of your clothes to conserve space.

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