

# Health Bulletin

## Central Vacuum Systems Mean Cleaner Homes, Healthier Lungs

(NAPS)—Look around your home and take a deep breath. Is your vacuum cleaner removing as much dirt from your home as it's reintroducing into the air? One simple answer to that question may also be an effective way to address your home-cleaning woes.

A central vacuum system provides homeowners with a single, easy-to-use solution that cleans the home more thoroughly while improving air quality. Such systems are contained in a single unit with user-friendly accessories that clean all surfaces, including carpet, tile, wood—even mini-blinds.

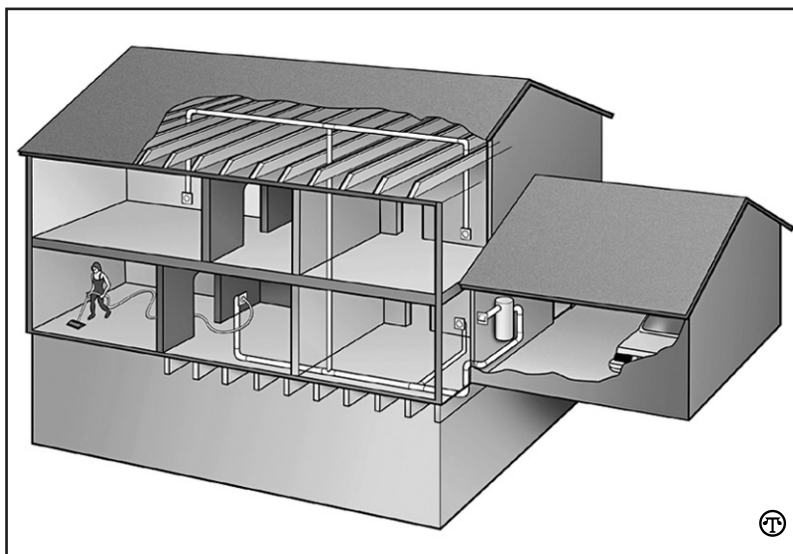
### Improved indoor air quality

Indoor air quality is an ongoing health issue, and the facts are eye-opening. The Environmental Protection Agency ranks indoor air pollutants among the top five risks to public health. Meanwhile, the National Lung Association cites central vacuum systems—such as the AirVac total home cleaning system from M&S Systems, Inc.—as providing cleaner indoor air because of their efficiency in removing dirt from an area without reintroducing it into the environment.

“Indoor air quality is important for the whole family, especially children, seniors and allergy or asthma sufferers,” explained Gary Baker, director of marketing, M&S Systems. “The great thing about our system is that it's as easy to install in an existing home as in a newly constructed home, so everyone can benefit from the improved air quality it provides.”

### Easy to use

The AirVac system itself functions very simply. The central power unit is located in an out-of-



**Central air vacuum systems are easy to install and designed to fit your new or existing home.**

the-way place such as the garage, basement or utility room, allowing for quiet operation. Tubing runs behind walls from the inlet valves to the power unit. In order to vacuum, homeowners simply insert the hose into one of the valves. Dust and dirt are removed from the living areas and travel through the tubing to the power unit receptacle. An optional Automatic Dust Pan in high-spill areas is ready to whisk dirt away by just flipping a lever.

The central vacuum power units have larger motors than portable canisters or upright vacuums and provide as much as three times more cleaning power. The system also draws more abrasive particles out of fabric fibers to reduce wear, ensuring longer carpet and furniture life. With a low installation cost and high retained

value, AirVac can actually add to a home's resale value.

“AirVac means less work, more efficiency and better value for the homeowner, plain and simple,” continued Baker. “The days of lugging cumbersome vacuum cleaners from room to room, up and down the stairs are long gone.”

Headquartered in Dallas, Texas, M&S Systems has been an industry leader in the manufacture and design of built-in, electronic home amenities for more than 45 years. M&S is renowned for applying technology, style and value to its diverse line of products that help to enrich the enjoyment of the home, including home communication systems, home theater surround sound systems and central vacuums. For more information or to find an AirVac dealer near you, call 800-877-6631, or go to [www.mssystem.com](http://www.mssystem.com).