# Time Saving Tips

## **Pressing Issues**

(NAPSA)—Some professional garment care experts say that if it is taking you more than five minutes to iron a shirt—it's taking you too much time. To determine if you could be saving time while eliminating wrinkles, conduct the following review of your iron and your technique.

### Is Your Iron Pulling Its Weight?

To begin, evaluate your iron's performance. As a general rule, a high quality iron is one that makes plenty of heat and steam, and removes wrinkles on the first or second pass over a garment. If you have to pass over something more than twice, you may want to consider purchasing a new, higher quality iron.

The following quick and easy ironing tips from Rowenta, the garment care expert, will help prove that when armed with the right tool and the proper technique you can save yourself time and achieve outstanding results.

#### How To Iron A 100 Percent Cotton, Button-Down Shirt:

When using starch, first spray the underside of the garment; then roll the clothing into a ball. This allows the fabric to absorb the moisture before ironing.

#### Step 1

Start with the collar, working with the underside first—work from each point to the center. Iron the top of the collar last.

#### Step 2

Iron the yoke (the part of the shirt just below the collar that extends from shoulder to shoulder). Slip one shoulder over the narrow end of the board and iron the yoke, moving from the shoulder to the center of the back. Do



The right ironing technique can save you more than a wrinkle in time.

the same on the other side of the yoke.

#### Step 3

Iron the cuffs. Iron the inside first, then the outside. Iron the body of each sleeve, first the cuffopening side, then the reverse side.

#### Step 4

Iron the body of the shirt beginning with one front panel, continuing to the back of the shirt and then finishing with the other front panel.

#### Step 5

Touch up anything that needs it and finish off with the outside of the collar, the area that is most visible.

Hang garments immediately after ironing to help prevent new wrinkles. These tips were brought to you from Rowenta, Inc. the manufacturer of highperformance irons and garment care expert.

For more information, log on to www.rowentausa.com.