

Medicare and You

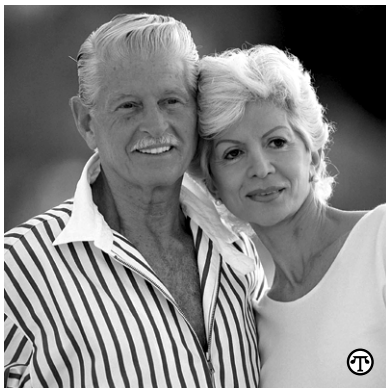
Navigating Through The Medicare Changes

(NAPSA)—Recently, navigating through the Medicare changes was made a little easier for the 42 million Medicare beneficiaries when Emmy-winner Mariette Hartley hosted another episode of the “Healthy Solutions” series. The half-hour television program explored the most important issues and topics related to America’s health and well-being.

Sweeping changes in Medicare will not only affect individuals presently on Medicare, but will affect generations to follow. A special report titled “Understanding Health Care Options for Seniors” tackles one of the most critical concerns of Medicare beneficiaries today—understanding the changes to Medicare, and how to make the best choice for their own well-being.

These changes provide choices, and these choices can lead to confusion—but not if individuals understand the different options available. Dr. Scott Latimer, Market President, Senior Products for Humana, stated that when it comes to making choices, “Medicare beneficiaries still make their own decisions in the end, but if they have the sense that they have enough information to make the right choices, they will be confident and we feel that’s something people will really value.”

According to the National Institute on Aging, 75 percent of Americans over the age of 65 take at least one prescription drug. One of the most significant changes in



Rx—One of the most significant changes in Medicare deals with prescription drug coverage

Medicare deals with prescription drug coverage. It is up to the savvy individual to do some shopping, compare the various plans that are available and will become available, and decide which one is best for his or her own unique needs.

These changes clearly affect individuals who are reaching 65 years of age. Dr. Latimer emphasized, “It’s going to get a lot more complicated in years to come because there are more choices. For people that are not yet 65, it’s not too soon to be looking at the various choices that will be available.”

Since 1997, “Healthy Solutions” has become an established leader in the production and distribution of health care-related television and Web content. Simply log on to www.healthysolutions.tv and watch “on-demand.”