



Eye on Health

Living Well With Leading Cause Of Legal Blindness

(NAPSA)—A new book by international low vision expert Dr. Bruce P. Rosenthal sheds light on how to live well with an eye disease that affects the vision of millions of older Americans.

Age-related Macular Degeneration (AMD) is the leading cause of legal blindness for people over 50 in the Western world. This condition, which affects about 20 million Americans and 25 to 30 million worldwide, causes loss of central vision, leaving only peripheral—or side vision—intact. Activities such as driving, reading or even recognizing a face are a challenge for individuals with AMD.

For AMD patients and their caregivers who face life with AMD, Dr. Rosenthal offers concrete advice in his new book, **LIVING WELL WITH MACULAR DEGENERATION: PRACTICAL TIPS AND ESSENTIAL INFORMATION** (NAL, April 2001). His book, co-authored with Kate Kelly, provides information from the latest research and treatment options to practical living tips, diet and exercise and a guide for low-vision devices and resources.

“When AMD is diagnosed, many patients feel that nothing can be done and become depressed; but life does not end with AMD,” said Dr. Rosenthal who has helped thousands maximize their vision in his capacity as executive



Photo Credit: LIGHTHOUSE INTERNATIONAL

Using new technologies is one of many ways people with Age-related Macular Degeneration (AMD) can lead more independent lives despite vision loss.

board member of the AMD Alliance International and chief of low vision programs, LIGHTHOUSE INTERNATIONAL. “It is possible to see better, remain active and live a rich and satisfying life despite the loss of central vision.”

For more information about living well with AMD, call the AMD Alliance International toll-free hotline at 1-877-AMD-7171 (1-877-263-7171) or visit the Web site, www.amdalliance.org. Books can be ordered through amazon.com, barnesandnoble.com and buy.com or by calling Penguin Putnam Customer Service at 1-800-788-6262.