



## Protect Yourself, Your PC Can Help

(NAPSA)—Protecting your good name could be worth even more than you expect.

According to Javelin Strategy & Research, identity theft and fraud affected millions of Americans in 2008.

These crimes can cause major headaches for consumers, but taking a few simple steps with your PC could help keep you safe. Try these tips:



**Viewing and paying bills online could help protect you against identity theft.**

- **Update Computer Software:** Install and regularly update firewall, browser, security, anti-spyware and anti-virus software on your personal computer.

- **Change and Strengthen Passwords:** Create new passwords that combine letters, numbers and symbols.

- **Manage Bills Online:** Using a secure bill pay Web site, such as your bank's or credit union's online bill pay service, lets you replace paper bills with electronic versions, or e-bills. This reduces the flow of personal information from unsecured mailboxes, where paper mail can be a target for theft.

Want more tips on how your PC can help you protect your identity? Visit [www.ebillplace.com/staysafe](http://www.ebillplace.com/staysafe).