INTERNET IN OUR LIVES

How-To Videos Online

(NAPSA)—If you have ever wondered how to make sweet and sour chicken or perform CPR or had the desire to learn a new sport, there's a Web site that specializes in showing you how.

This site, called VideoJug, allows you to view online videos with do-it-yourself tips—everything from cooking and beauty tips to sports and musical instruction—in a smorgasbord that offers the serious alongside the satirical, the funny and the esoteric. Viewers can learn how to swaddle a baby, grow plants hydroponically or teach their cat to use the toilet.

VideoJug makes it easy to find animated, often humorous instructions on topics that range from the lighthearted, such as "How to Stop Being Lazy," to the practical, such as "How to Find a

Job After College."

The site has established itself as a visual learner's reference guide and is referred to as "the YouTube of how-to video clips." Visitors can also create their own personal profile and join discussions on how to buy an Arabian horse or how to quit smoking or how to give a good first kiss.

The videos are produced inhouse by a team of producers, directors and fact-checkers, so you know the information you're getting is accurate and reliable. For authoritative advice, users can also turn to "Ask the Expert" videos, which are presented by leading experts in their field.

To learn more, visit www.videojug.com.