

Cooking Corner Tips To Help You

New Website Offers Easy Dinner Ideas

(NAPSA)—If there was one word that could sum up what most hard-working parents want for dinner, that word might be “easy.”

The time-honored tradition of gathering around the dinner table as a family has fallen on hard times—the result of kids’ extra-curricular activities and parents working late.

While a recent survey found that 78 percent of parents feel eating dinner together as a family is important, the majority (55 percent) say they can only do so as a family four times or less each week. Many survey respondents simply did not have time to cook.

Fortunately, a new Web site, DinnerMadeEasy.com helps to answer the age-old question, “What’s for dinner?” with tips and simple equations for making fast, delicious dinners.

For example:

- Ask for help with the dinner decision. Ask each family member to choose one meal. Bonus: picky eaters won’t have much to complain about when they’ve chosen the meal.

- Come up with a list of your family’s favorite dinner menus. Pick six or seven meals you can prepare in less than 30 minutes and always keep trusted convenience products such as Hamburger Helper, Old El Paso, Green Giant, Progresso, Pillsbury and Betty Crocker in the pantry.



Combine fresh and convenience food to create simple dinners.

- Rely on teamwork. Assign mealtime tasks by age, skill level and time availability. Younger children can help clear or set the table, for example.

- Save time with bagged, frozen vegetables.

- When browning ground beef, cook more than you’ll need for one meal. Put the extra in disposable storage containers and freeze until you need it.

- Cut down on cleanup hassles. Disposable plates and napkins, such as those from Brawny can handle the messiest of meals.

- Wipe out greasy pots and pans with paper napkins and towels before washing.

For more information, visit www.DinnerMadeEasy.com.