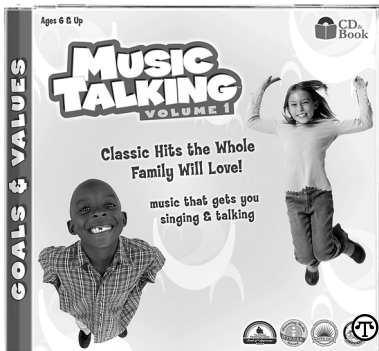


Pointers **For Parents** **Tuning Out TV**

(NAPSA)—If you want to have more meaningful conversations with your children, it may be time to take a look at their TV-viewing habits.

Experts say some children spend just seven minutes a day talking to parents and three hours a day watching TV. Fortunately, everyday activities—such as time together in the car—can be a good time to engage kids in light but meaningful conversation.



The right tunes might help convince kids to watch less TV.

You can also select family-friendly music to play on your car CD player such as “MusicTALKING Volume 1.” The CD can spark a good family discussion. Plus it comes with Tune Trivia, a 50-page book of lyrics, quotes and conversation starters designed to help parents and kids connect and to help parents communicate the positive messages found in the CD’s music.

The award-winning compilation of classic hit songs includes “Respect” by Aretha Franklin, which can help start conversations about self-respect, as well as songs such as “We Are Family” by Sister Sledge, which can help begin talks about your family’s values.

For more information, visit www.musicalking.com.