Pet Health &

Five Ways To Help Your Dog Have Healthy Joints

(NAPSA)—Just as people do, dogs can develop joint and bone problems as they grow older. In fact, according to the Arthritis Foundation, arthritis affects one in every five adult dogs in the U.S. and is one of the most common sources of chronic pain that veterinarians treat. Fortunately, there are five things you should know and can do to protect your pet.

1. Know What To Look For

First, know the signs. These can include:

- Lameness
- A noticeable limp
- Hesitance to jump or climb stairs
 - Joint stiffness
- Difficulty standing up or sitting down

2. Know The Cause

Degeneration of joints is caused by the breakdown of cartilage that protects and cushions the bones in joints. Decreased mobility is commonly seen as the cartilage erodes with age but acute injury, genetic predisposition, and obesity can also contribute.

3. Know What It Means

Difficulty moving and lameness can keep your dog from doing basic activities. This can lead to depression, irritability and weight gain.

4. Know What To Do

There are several ways to make your dog more comfortable and help maintain normal joint function.

If your dog is overweight, ask your veterinarian about dietary measures that can help ease pressure on aching joints. A balanced diet of proteins, essential fatty acids, vitamins and minerals, and water is critical to your dog's overall health and well-being.

You can also give your dog healthy joint supplements, such



You can help your dog's life be a long and active one with special canine dietary supplements.

as PetArmor Joint Health Maximum. This supplement for dogs contains glucosamine, chondroitin, MSM and manganese—the same active ingredients found in the No. 1 vet-recommended joint health supplement, Cosequin DS.

The combination of these ingredients delivers maximum joint support and protection for puppies and dogs of all ages by helping to:

- Build cartilage and connective tissue
 - Lubricate joints
- Maintain healthy joint fluid pressure
 - Support joint health

The highly palatable tablets are economical for long-term use and come in a bottle of 60 tasty chewable tablets available at Walmart.

You and your dog may also like to try PetArmor Joint-Eze PLUS Dog Chewables. Their natural sources of chondroitin and glucosamine help cartilage and related connective tissue perform properly and support joint health. Glucosamine HCL and MSM are added to reduce and maintain healthy fluid pressure of soft tissue.

5. Know More

To learn more, visit www.pet armor.com and call (888) 908-8425.