Making Family Lif

## **Plan A More Relaxing Family Vacation**

(NAPSA)—The next time you pack your bags and set off for a family vacation, it could mean more excitement and less stress. Enjoy more time away from the fast pace of everyone's daily routines without giving up the comforts of home. To help, consider these four tips.

•Plan ahead for the road. Nearly 90 percent of vacation rental travelers plan to start their summer vacation on the road. If you're among the road trippers, prepare for the car ride ahead of time to avoid bumps along the way. When traveling with kids, pack games and movies to keep them busy, and change between activities to prevent them from getting bored. Research roadside attractions before you go, and make a point to stop along the way. Getting out of the car and stretching your legs can help with the drive and unique sights can make for great memories.

•Pick the right lodging. Look for more space and privacy by exploring different accommodation options such as vacation rental homes. A recent study by Wyndham Vacation Rentals found that 92 percent of vacation rental travelers feel more relaxed after returning from a vacation rental stay compared to other lodging options. From condos to larger private houses, vacation rentals often offer multiple bedrooms, living rooms and fully equipped kitchens. Instead of feeling cramped, everyone can spread out and relax under the same roof. July marks National Vacation Rental Month, the most popular time to stay in a vacation rental. Look for celebratory deals throughout the month.



You and your family could be on the road to fun more easily than you may realize.

•Let your schedule relax. Once you reach your destination, approach any itineraries loosely. Plan for one main attraction a day or spend a full afternoon lounging by the pool together. Make dinner in your vacation rental home some nights to avoid the stress of eating out. According to the same study, 94 percent of vacation rental travelers agreed that having a kitchen during vacation helped alleviate stress. The majority attributed it to saving money, avoiding restaurant stress and wait times, and being better able to cater to everyone's diets or allergy restrictions. You can even turn cooking into its own vacation activity by preparing a local meal together as a family.

•Get into a more relaxed vacation mind-set by playing Wyndham Vacation Rentals' Road to Happiness Sweepstakes. In celebration of National Vacation Rental Month, you can enter all July long for the chance to win a grand-prize road trip vacation package and join in on fun daily prize giveaways. To play now or learn more about great lastminute vacation rental deals, visit www.roadtohappysweeps.com.