

New Sesame Street Video Inspires Joy Of Dance

(NAPSA)—Preschoolers love to move. Early experiences with dance and movement not only improve children's physical and social development, but also foster creativity and develop their imaginations.



## Paula Abdul teaches kids (and muppets) to dance in a new video.

In a new video, *Zoe's Dance Moves*, the Muppet ballerina learns all about the joy of dance with the help of her best friend Elmo and Paula Abdul, who comes to Sesame Street as the Muppets' dance teacher. She introduces the precocious little monsters to a world of dance including African, Asian, hiphop and ballet and even learns a thing herself as Zoe introduces her to the Silly Willy Nilly Dance.

"We created Zoe's Dance Moves because dance is very popular with preschoolers," said Rosemarie T. Truglio, Ph.D., Vice President of Education and Research for Sesame Workshop. "Additionally, educating children about various dance styles helps in their development of respect and understanding for other cultures."

A must-have for fans of dance, Zoe's Dance Moves is now available on video and DVD wherever home video is sold. To learn more, go to www.sesameworkshop.org.