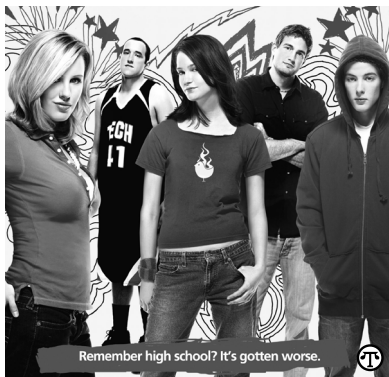


How To Talk To Your Teen

(NAPSA)—High school can be a turbulent, confusing and stressful time for teenagers in which social pressures, the search for self and the desire to please parents often conflict. As teenagers develop into young adults and begin to assert themselves and the direction of their lives, it is important for parents to keep an open line of communication.

One great way of opening the dialogue with your teen is by exploring books and movies that address their issues head-on.



A captivating look at the lives of five high school seniors, the “American Teen” DVD, may help parents get a better grasp of what goes on in a teenager’s life today.

“American Teen” is an exceptionally well-crafted documentary that caused a sensation at the Sundance Film Festival. It takes viewers inside the mind of a group of teenagers in an intimate, entertaining and even funny examination into the lives of real-life suburban high school students.

The film, now on DVD, reveals absorbing portraits of five, real-life, quintessential members of the classic teen social groups—the popular princess, the enviable jock, the rowdy rebel, the handsome heartthrob and the introverted geek—attending a typical American high school. Watching it with your teenagers is a good way to get a conversation started.