



Home For The Holidays

How To Reduce Stress And Simplify Your Celebrations

(NAPSA)—As the year draws to a close and the holiday season begins, Americans can be found braving tense traveling conditions, spending almost \$1,000 per family on gifts and, according to the U.S. Census Bureau, scribbling an astounding 2 billion greeting cards. Amid the hustle and bustle, many yearn for a simpler time, when “to grandmother’s house we go” was the mantra. The good news is that everything you need to make the holiday season special and stress-free is right in your own home—and you can even skip the sleigh ride over the river and through the woods.

So relax...from November through early January you can build on existing favorite family traditions or create special new memories with the help of the digital cable technology you already have in your home. With a few clicks of your remote control, you can access a huge library of On Demand holiday programming covering a wide variety of genres:

- **Cozy Up with the Classics**—Remember the anticipation of watching annual holiday specials? Some of the sweetest childhood memories are made from the simplest moments, yet many busy families aren’t always around when their favorites air. Don’t stress. You can make a night of it at your convenience. Charlie Brown, Lucy and the gang will be waiting.

- **Traditional Treats and Bizarre Bounties**—Talented chefs make it easy to soup up your din-



ner table with traditional holiday delicacies and culinary delights of the season. Prefer the unusual? Travel around the globe to explore some of the most extraordinary holiday foods from other cultures.

- **Merry and Bright**—Does your family enjoy light displays? Now it’s easy to take your own home from “Griswold” to gorgeous as top designers share their best secrets.

- **All Decked Out in America**—Take the ultimate holiday tour and experience the best customs, events and happenings the season has to offer as you go in search of enchanting places that showcase the nation in all its yuletide glory.

- **The Search for Meaning**—Looking to reflect on the spirit of the season? Powerful and timely documentaries narrated by stars such as Liam Neeson examine the historical significance of key religious figures and events.

Skip the long lines, make some hot cocoa and enjoy your favorite holiday traditions while staying snugly and warm in your own home. For more seasonal themed programming, check out www.thisiscable.com.