Our Heritage

An Exciting Look At Being Black In America

(NAPSA)-It's never been so easy and convenient to explore and share the inspirational, educational and entertaining Black History Month programming On Demand on cable. Whether viewed on a small screen such as a laptop, tablet or smartphone or on a big screen in the comfort of the living room, opportunities to celebrate Black History Month are taking a decidedly 21st century turn. It's all available, instantly, to digital cable subscribers with a push on the remote control or with a quick download.

Multiethnic shows and movies available On Demand in February and beyond include:

Milestones In Black History

There are several offerings that examine the history of the struggles and strife, the tragedies and the triumphs of African Americans in the U.S., from the time of Lincoln to the Civil Rights era, including "Lincoln: American Mastermind." For children and adults alike, there's "The Tuskegee Airmen," which recounts the true story of how a group of African-American WWII pilots overcame racist opposition to become one of the finest U.S. fighter groups in history, and "First to Fight: The Black Tankers of WWII."

Profiles In Courage

The biographies of influential African Americans come to life in dramatic profiles and stories of individuals who may be less known but perhaps should be more so, such as legendary baseball great Curt Flood in the documentary "The Curious Case of Curt Flood" and the five wrongly imprisoned teens in "The Central Park Five." Drama movies like "Flight" starring Denzel Washington and "The Help" starring Viola



Your family can enjoy great entertainment centered around African-American life.

Davis, and TV programs such as "House of Lies" starring Don Cheadle, showcase award-worthy performances from notable African-American A-list actors. Viewers can also get a close look at what it's like living in the cross-fire of America's drug war in the Emmy Award-winning miniseries "The Corner."

Pride, Passion and Pain

For sports buffs, there are important shows that exemplify the contributions and struggles of athletes, such as "Joe Louis: America's Hero...Betrayed," and "Breaking the Huddle: The Integration of College Football."

That's Entertainment

Music aficionados can celebrate the true artistry of entertainer and civil rights activist Harry Belafonte in "Sing Your Song," then laugh along with "Why We Laugh: Black Comedians on Black Comedy." Viewers everywhere can share their passion for Black History Month programming and see what's waiting for them On Demand at www.facebook.com/DiversityOnDemand.