

Family Caregivers Corner

New Tools For Families Caring For A Parent With Alzheimer's

(NAPSA)—There's helpful news for those caring for a family member with Alzheimer's disease.

Thanks to the most experienced provider of in-home care for seniors, free resources are now available to help families cope with the common challenging behaviors associated with Alzheimer's.



A free smartphone app has been developed to help families find solutions when they are caring for a family member with Alzheimer's disease.

The Home Instead Senior Care network is offering free Confidence to Care at Home kits. Available on www.helpforalzheimersfamilies.com or from a local Home Instead office, the kit is an at-a-glance collection of information, tips and resources to help handle difficult situations, avoid household accidents, encourage engagement and prevent caregiver stress. It's designed for any member of the household to reference, anytime it's needed.

In addition, the company has developed a free, downloadable smartphone app that families can use to search behaviors and help find solutions when they have to quickly react. Called Alzheimer's and Other Dementias Daily Helper, the app is designed to help families manage issues as they arise, whether at home or in public. For example, if a smartphone user types in "wandering," the app will provide a list of tips for addressing the issue right now and preventing it in the future.

"Alzheimer's impacts not only the 5 million Americans with the disease, but also the handful of people that provide care and support for that person," said Home Instead President Jeff Huber. "We want to replace fear with a sense of confidence that they are equipped to handle any situation."

For more information about Home Instead's free Alzheimer's and dementia support resources, visit www.helpforalzheimersfamilies.com.