

Home Hints

Create An Affordable Spa-Like Sanctuary In Your Own Bath

(NAPSA)—The hectic pace of daily life and ever-present responsibilities can make it a challenge to find the time to relax and pamper oneself. Fortunately, a few tips from the experts can help.

With a nod to natural, healthy living, HomeGoods' decorating experts offer the following easy and inexpensive tips to help transform a functional bath into a fabulous, sensual retreat:

Go Natural—Take your color cues from nature's spring palette and transfer them onto sumptuous, soft bath towels, bath rugs or a shower curtain. Introduce soft moss, celery, herb or leaf-green hues and combine with shades of vanilla, custard, sand, beige or brown for a soothing, natural-looking environment.

Focus on Flora and Fauna—Botanical motifs, including ferns, leaves and birds, help to bring calming touches of the outdoors indoors. To add visual interest, consider botanical prints as wall art and adding greenery in the form of faux orchids set in river rocks or natural bundles of grasses, twigs and greens—as a focal point on the vanity or shelf.

Add Elements of Texture—Combine form and function with warm woods and recycled fibers. Choose a bamboo towel ladder, woven laundry basket or tissue holder, mango wood vanity accessories or decorative wooden bowl,



Taking your color cues from nature can help create a soothing environment.

to showcase and store bath items in a stylish and eco-friendly way.

Surround Yourself with Soothing Sights and Scents—Make it easier to achieve tranquility and serenity as you ready for the day. Infuse your bath with fresh, clean scents from natural bath and body soaps and lotions made from olive oil, almond and lavender. Add a variety of soy pillar candles atop soapstone holders and display around the tub, on a shelf or on the floor for a peaceful, relaxing experience.

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