

SPORTS SHORTS

High School Bowling

(NAPSA)—According to experts, high school athletics teach students discipline, teamwork and dedication while providing them with structured, supervised activities. In fact, athletics have been shown to promote higher grades and lower dropout rates.



Bowling can be a great way for high school students to get involved in athletics.

It's even possible for schools to offer these benefits to students that might otherwise be overlooked, or are not currently participating in team sports, through an activity that has no age, size, strength or gender restrictions: bowling.

Bowling is not only an excellent non-contact sport, it's also a great option for schools seeking Title IX compliance. It gives students an additional opportunity to compete, and earn high school varsity letters and college scholarships. Plus, since it all takes place at an authorized bowling center, there's no facility or equipment cost to the school.

Contact a nearby AMF bowling center to see how easy it is to set up a high school bowling team. To find a center near you, visit www.amfcenters.com.