

Fish Facts & Fancies

Fishing For Fun, Safely

(NAPSA)—If you're among America's estimated 50 million anglers—or would like to be—heeding a few hints may help.

- Careful casting is key to keep from getting hooked. Casters may need up to 30 feet behind them.

- Some fish have spines that can hurt your hands. Use a hook extractor, wire cutter or needlenose pliers to handle such fish and wear sturdy gloves.



Hook up with fishing safely.

- Don't eat fish raw. That can expose you to intestinal parasites.

- Wear a hat, sunscreen and sunglasses and a personal flotation device if you fish from a boat.

- Carry a first-aid kit, including adhesive bandage strips and disinfectant. For strains and sprains, a new type of athletic bandage can be a fisherperson's friend. Made of a 98 percent cotton, two percent latex weave, it draws moisture away from the skin but won't stretch out of shape. This allows for maximum blood flow while maintaining muscle support. Completely self-adhering and requiring no pins or clips, the SelfGrip Bandage does not stick to hair or skin and tears easily to the desired length.

To learn more, call Dome Industries at 1-800-432-4352.