

Simple Design Solutions Add Comfort

(NAPSA)—Americans over 55 prefer to “age in place,” according to a survey by the American Society of Interior Designers (ASID). The survey found that more than three-quarters of those 55 and older plan to stay put after retirement. The 2000 U.S. census reveals that one-fifth of the population (59.3 million) is 55 or older and 37.6 million will join their ranks over the next decade.

“Simple design solutions can add comfort, convenience and function for maturing adults,” says Michael Thompson, ASID, of The Design Collective Group, Jupiter, Fla. “Hardware with elongated handles, instead of knobs, makes it easier to open doors and cabinets. To prevent stretching and bending, keep reading glasses, flashlights and other essentials accessible.”

Self-stick hooks, clips, hangers and strips with Command adhesive from 3M can help put objects like these within easy reach and keep tables uncluttered. They work on most flat surfaces so you can hang flashlights with rings from hooks on a wall beside the bed or at entryways. Similarly, suspend reading glasses with a neck chain where you sit to read the newspaper.

The hooks come in a range of colors, from red, blue, white, black and pewter to dark green, aquatic blue, green and vanilla. When the self-stick products are removed properly, they leave neither nail holes nor sticky residue. Reposition and use them again and again with Command adhesive replacement strips.

To increase the amount of light in a room—light that older eyes need—Betty Jane Kutz of B.J. Custom Interiors, College, Pa.,



Using walls for storage frees up work spaces and keeps tools out of messy drawers for gardeners. Reusable self-stick hooks, spring clips and picture hangers suspend tools at a convenient distance.

urges her clients to replace elaborate window treatments with a valance or sheer drapery. Kutz also suggests posting emergency phone numbers, shopping and “to-do” lists and medication schedules. These can be color-coded to match blue, purple, white or green 3M spring clips.

“Color coding and keeping often-used items like these—as well as home office implements—in one place saves time and helps prevent mistakes,” notes Pauline Allison, brand manager for 3M Command adhesive products. “If indoor and outdoor gardeners use walls, in combination with the self-adhesive 3M products, to hang and organize gardening tools, they can help streamline a favorite pastime.”

For more information about using mounting products in every room, call 1-800-577-8778 ext. 70 for a free brochure, “Command Adhesive Decorating Tips.”