Stick-To-Your-Walls Decorating Ideas For Under \$50

(NAPSA)—Home is in, and hype is out, according to "Changing American Lives," a study by McPheters & Co., New York, N.Y. Rebecca McPheters, president of the research firm, forecasts an increase in home decorating with emphasis on "understatement and economy versus ostentation."

Interior designers answer the call with decorating ideas for under \$50. They begin at thrift shops. "Old plates make wonderful wall arrangements," says Norma Nicolo of Green Door Interiors, Jenkintown, Pa. With a selection bought at three for \$10 and wire plateholders, she gives bare walls new life. You can also use plates from your china cabinet.

"Look for frames, not art" in thrift shops, advises Susan T. Arnold of Sue Arnold Interiors, Northville, Mich. "Frames you fill yourself can be changed easily and often. Buy pre-cut mattes at a craft store; repaint the frames, and insert a beautiful greeting card or a child's drawing. Kids' art is an overlooked decorating bonus," she says.

With self-stick hooks, clips, hangers and poster strips with Command adhesive from 3M, adding art to your decor is neither permanent nor expensive. The 3M mounting products adhere to most flat surfaces and can be removed by special stretch-release technology that leaves no holes, marks or traces of sticky residue.

Arnold suggests "commissioning" children to paint a mural on canvas. Instead of framing it, hang it from 3M spring clips. "A beautiful print fabric or colorful needlepoint also brightens a wall," she says. "Cheerful placemats on kitchen walls make handsome decorative accents." Whether you use spring clips or hooks with Command adhesive, you can take them down to use them and then hang them back up.



Clever decorators can change the look of a hallway monthly with self-stick hooks with Command adhesive from 3M that remove cleanly, leaving no holes or residue. Black deco hooks hold a tin basket and two tapestry fragment-hangings, dressed with elegant fringe. Dishes from the china cabinet hang from plate holders on 3M sawtooth picture hangers. Add a pinecone study from a walk and leather books at a few cents each: An instant decor makeover for less than \$50.

"Think dimensional," suggests Heather Vicidomino of Custom Interiors, Westborough, Mass. "Hang up mementos from family trips or a line of colorful straw hats." Refresh objects already in place, designers also advise. "Liquid gold leaf is inexpensive and easy to use," says Arnold. "Give an old armoire or occasional table new spark with some random splashes of gold."

For more ideas about using 3M self-stick mounting products with Command adhesive, visit the Web site at *www.commandadhesive.com* or call 1-800-577-8778, ext. 70 for a free brochure, "Command Adhesive Decorating Tips."