Preparing for the Holidays

(NAPSA)—Holiday cooking, shopping for gifts, entertaining and dashing from one party to the next can leave even the most composed of us frazzled during the holiday season. This year, get prepared early and avoid unnecessary stress so you can enjoy a season full of good tidings. With some helpful hints from Tupperware, the organization experts, you'll be relaxed and ready to enjoy all the excitement of the holidays.

Get organized: The key to remaining as stress-free as possible is simple-organization! Incorporating small changes into your lifestyle throughout the year will make things significantly easier. Since flour and sugar are main ingredients in almost every holiday baking dish, store these, as well as items such as nuts, raisins and baking chocolate, in Tupperware® Modular Mates® containers to ensure freshness and maximize space. These containers fit together perfectly in pantries and cabinets, and allow easy access with little mess to bakers of all ages.

Get the family involved: This is the season to take a break from your usual routine and reconnect with family, passing down holiday traditions including recipes, decorations and customs. Bake a family cookie recipe with children or create homemade ornaments that can be enjoyed for years to come. In addition, assigning children simple tasks will not only make them feel involved and a significant part of the activities, but will also alleviate stress for mom and dad. Safe projects like setting the table, folding napkins, measuring ingredients or garnishing dishes will give children a sense of responsibility and keep them entertained.

A new life for leftovers: Food is in abundance around the holidays, and all too often it goes to waste. The next time that last scoop of food just won't fit into the container, don't throw it away stuff it! New Stuffables[™] Storage Containers from Tupperware allow you to keep those extra veg-



etables or piece of turkey for tomorrow's stew or casserole. Send guests home or kids back to college with home-baked goods that will stay fresh. An innovative expandable seal allows for oddshaped foods including turkey pieces, cookies or other treats, to be stuffed to maximum capacity, and the container (minus the seal) is microwave-safe so leftovers can be easily heated for a late night snack!

Entertaining made easy: History has proven that everyone loves a good party, and whether you are attending or throwing one, the holidays are an ideal time to get together with friends and family. This year, impress them with a brand new way to entertain. A Taste of Tupperware "Easy Entertaining" party is more than just a party-it's a great way to get friends and family involved in all aspects of entertaining. You and your guests will learn to create easy recipes with five ingredients or less, as well as expert entertaining tips to help make throwing this year's holiday party a breeze! Engaging your guests with delectable recipes, useful tools and the chance to spend time with friends both old and new is the way to party this season!

This year, plan ahead, get help from family and entertain in a whole new way. Everyone, including you, is sure to bask in the joy of the holidays. To obtain more information about Tupperware[®] products, call 888-919-8099 or visit www.tupperware.com.