

Eco-Friendly Tips

(NAPSA)—When it comes to going green, it's important to think big—and small. While there are many “big” things people can do to save our resources—such as buying energy-saving appliances or driving hybrid cars—it's important to know that even pint-sized efforts can contribute to a cleaner, healthier world. Among the many ways to show your eco-friendly side and reduce your family's environmental impact are these:



This customizable, reusable lunch kit reduces the need for plastic and paper bags.

- Save a commute: Walk or ride your bike whenever you can.

- Plan ahead and make enough dinner so that you have leftovers to pack for lunch the next day.

- Get reusable grocery bags.

- Reduce waste at lunchtime by packing a reusable lunch kit. Gliffik makes a customizable kit that includes a reusable carrying bag, food container, sandwich bag and stainless steel water bottle. Plus, “brown baggers” can personalize with their name, create their own design or choose from hundreds of already designed “Gliffs” to leave their mark on each item.

To learn more about the lunch kit, to browse the company's catalog of products or to sign up to receive e-mail alerts, visit the Web site at www.gliffik.com.