Time \$aving Tips

Perfectly Pressed In Five Minutes Or Less

(NAPSA)—That cool, crisp, 100 percent cotton white shirt is a staple of every summer wardrobe. But are you spending more than five minutes to iron that shirt? If the answer is yes, you may need to upgrade your ironing equipment as well as learn some new ironing tips. When armed with the right tool and the proper techniques, ironing can be a lot easier and faster than you realize.

Rowenta, the leading manufacturer of high-performance irons and a garment care expert, has outlined an easy four-step process to perfectly iron a shirt. After following the instructions below, you should be able to reduce your shirt ironing time down to five minutes or less, giving you more time to spend at the beach or that special cookout!

Before you begin, evaluate your iron's performance. As a general rule, a good iron is one that removes wrinkles on the first pass over a garment. If you have to pass over an area of a garment more than once, you may want to consider purchasing a new iron.

How to Iron a Shirt:

Step 1: The Collar

Start with the underside of the collar. Iron from the center out to avoid creasing. Flip and repeat on the other side.

Step 2: *The Yoke and Shoulders* Hook one shoulder over the round end of the ironing board. Start at the yoke (where the collar meets



You don't have to get hot under the collar when you iron a shirt. With the right equipment and techniques, it can be quick and easy to do.

the shoulder) and move to the center of the back. Repeat with the other shoulder.

Step 3: *The Cuffs and Sleeves* Lay one sleeve flat with the buttons or cuff link holes facing up. Iron the inside of the cuff. Flip and iron the outside of the cuff, then iron the sleeve, starting on the button side. Repeat with the other sleeve.

Step 4: The Body

Iron the front panels first. Flip and iron the back panel. Be careful to iron between the buttons and not over them, which can cause the buttons to break. Touch up the collar when you're done.

For other garment care tips and product information, you can visit the Rowenta web site at www.rowentausa.com.