

Health Alert

Keeping Homes Germ Free And Families Healthy

(NAPSA)—Concerned about the dangers of the H1N1 flu, many Americans are seeking more effective ways to keep their homes germ free and their families healthy. Here are a few tips to help:

- **Blow-dry Before Bed and Blow Away Germs**

Falling asleep with wet hair not only creates unwanted morning “bed head,” but a pillowcase full of germs and dust mites.

- **Kill Cabin Fever**

Cold weather means more indoor playdates for children. Help prevent illness by using non-toxic cleaning tools such as HAAN's HS-20 Personal Handheld Steamer to kill bacteria on toys, or the MS-30 Multi-Function Sanitizing Steam Cleaner to sanitize floors and play areas with just the power of steam. The company's full line of steam cleaning products for the home uses the power of 212°F steam to kill 99.9% of bacteria, simply with the use of water. It's an effective way to kill germs without having to use harsh chemicals.

- **Conquer Computer Contamination**

Hefty amounts of homework equals multiple people logging long hours on the house computer. Dirty hands and fingers can unknowingly and easily pass germs from one family member to the next. Wipe down computers with sanitizing cloths.

- **Wallop Bacteria out of Wet Winter Hats, Scarves and Gloves**

Many don't realize that that pile of wet hats, gloves and scarves left in a heap by the front door is the perfect breeding ground for bacteria. For a quick and effective fix, HAAN, the Bacteria Beating Specialists, sug-



The power of steam can be used to kill up to 99.9 percent of household bacteria on such surfaces as toys, floors and play areas.

gests using its HS-20 Personal Handheld Steamer to blast away bacteria. Hold the steamer one inch away from the items and simply steam away the bacteria on contact.

- **Hand Sanitizers for the Home**

Dirty hands can spread germs and bacteria throughout your home. In addition to promoting hand washing among family members, keep hand sanitizers strategically placed in each room of the house for easy accessibility. Additionally, provide each family member with a travel-sized bottle to carry in his or her purse, backpack or briefcase.

- **Dust Mites and Dreams Do Not Make Good Bed Partners**

Invisible dust mites and bacteria that live in your mattress can make you ill even when you sleep. The HAAN's GS-60 Steam Station kills these living organisms on contact by passing the head of the steamer over the entire mattress, leaving you assured that all you'll get is a good night's sleep!

For more quick and easy flu-fighting health tips, visit www.haanusa.com.