

MOVING IDEAS

Prepare for a Comfortable Do-It-Yourself Move

(NAPSA)—When you're getting ready for a do-it-yourself move, you have plenty of preparations to make. During all of the planning, organizing and packing, don't overlook preparing for the time you'll spend driving to your new home. Penske Truck Rental, one of the nation's leading truck rental companies, offers the following tips to help do-it-yourself movers get ready for a safe and comfortable trip.

- Plan the route you will take to your new home prior to moving day. Have road maps and a written copy of detailed directions available to take with you.

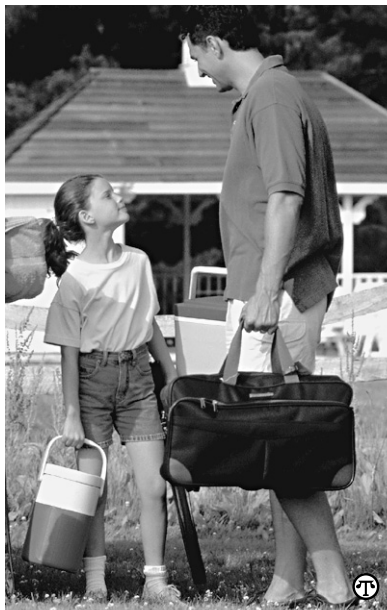
- Estimate expenses for food, fuel, and lodging needs and plan accordingly. Be sure to carry some cash. Some businesses do not accept checks—particularly if out-of-state—and many small businesses do not accept credit cards.

- Refill medical prescriptions for everyone who will be making the move. Make sure prescriptions are easily accessible during the trip.

- Place a basic first aid kit in the truck's cab or glove compartment.

- Anticipate the temperature or weather conditions you're likely to encounter throughout your trip. Pack an easily accessible bag of extra clothes and outerwear so everyone traveling can adapt to climate changes and stay comfortable.

- Take a cell phone along for safety and convenience. If traveling alone, pull off to the side of the



Prepare a care package for a more comfortable moving-day drive.

road or into a rest stop to use the cell phone.

- Pack a care package of comfort items and a small cooler for the trip. Bottled drinking water, fruit juice and snacks, as well as hand cream and other personal care items come in handy and are greatly appreciated while on the road.

A free moving guide is available by calling 1-800-467-3675 or by visiting any Penske Truck Rental location. To learn more or to make a reservation, visit www.pensketruckrental.com.